



FAT-BLOC

Stay slim and eat what you like



FAT-BLOC ORGANIC VISION

Most of us enjoy eating. It is one of life's pleasures after all! Much of our social lives revolve around dining out with friends and family. People even plan vacations around eating amazing food. Most of the time, we don't really know what oils our food were cooked in. So what can we do in such situations?

BENEFITS FOR YOU



1 Pass Out Toxic Fat



2 Prevent Overeating



3 Control Your Blood Sugar

HOW IS THIS POSSIBLE

Fats are not created equal. Some are good for us, however some are not. Unfortunately, most of the oils used to stir fry, sauté or deep fry at restaurants fall under this category of not being healthy for us. This is the type of fat we want to block our bodies from absorbing!

LipoSan Ultra Chitosan is the secret key ingredient in Fat Bloc. This is a safe, fast acting and high fat binding supplement containing **Icelandic chitosan**, a natural fiber derived from raw marine materials from the North Atlantic Ocean. Once in the digestive tract, it complexes and binds with dietary fat in such a way that fat is not absorbed by the body.

Each gram of LipoSan Chitosan can **bind over 100 grams of fat!** Tests have proven that LipoSan Ultra Chitosan is more efficient in binding triglycerides than any other chitosan products on the market¹. This naturally occurring **fat inhibitor** readily solubilizes in the stomach within only 1-5 mins, as opposed to 30 mins or an hour. LipoSan can even further **promote gut health**, as it reduced detrimental fermentation in the colon, according to *Microbial Ecology in Health and Disease*².

Fibersol-2 is a soluble dietary fiber, derived from vegetables and grains. Dietary fiber makes food bulkier, and aids in glucose absorption, helping it enter blood cells at a slow and even pace, **maintaining steady blood sugar levels**. It slows down the eating process, and **prevents us from over indulging**. Fiber also nurtures the health of our colon, as its prebiotic content assists in the growth of healthy bacteria in our gut.

Fibersol helps us feel full faster. We have chosen to include fibersol as it **increases hormones that signal feelings of fullness faster**. It also has the ability to **delay post-meal hunger**, helping you to control your appetite and manage your body weight more effectively. According to *The Harvard Medical School - Family Health Guide*³, fibersol has the remarkable ability to **lower visceral fat - fat** which surrounds our organs.

Oat Powder helps to **slow down the absorption of carbohydrates** and **balance blood sugar**, as stated in the *Journal of Nutrition, Metabolism and Cardiovascular Diseases*⁴, making it a great supplement for those who suffer from blood sugar regulation and diabetes. It is also a great ingredient for weight management, reducing blood cholesterol and pressure. Its rich source of fiber helps also to **regulate bowel movements**, preventing constipation.

Pectin is a soluble food fiber gel, which **neutralizes food radiation** and removes environmental pollution. It adheres to heavy metals and excretes them from the body. Pectin is thus a great tool for aiding our body in detoxing itself from toxins we ingest invisible to the eye. According to the *Journal of Agricultural and Food Chemistry*⁵, pectin can reduce the amount of time our bodies need to break down fats and lipids. It also helps us feel fuller faster, avoid overeating, and aids in improving our intestinal health by adding bulk to our stools. Organic Fruits provide us antioxidants from nature.



FAT MAGNET

Imagine being able to eat all your favorite foods you love without worry, because you own a powerful fat weapon that **vacuums away all the fat**. This secret weapon guides the fat out of your body, preventing it from being absorbed, meaning you avoid unnecessary calories. We have created this powerful dietary fat weapon you can whip out at anytime, anywhere to keep your health and weight goals in check!



WHY ORGANIC VISION



Fast

Easy to use and quick to work! Fat Bloc capsules **only take 1-5 mins to dissolve** in your stomach. Take them right before your meal and enjoy your food guilt free!



Convenient

Fat Bloc capsules can be stored in a little medicine box to be **carried around with you wherever you go!**



Powerful

Fat Bloc can **absorb 10 times its own weight** in fats and oils!

SUGGESTIONS

Health

If you want to avoid bad fats or oils when eating out, take **1-2 for light meals** and **3-5 for buffets or banquets**.

Lose

If your goal is to lose body fat, take **3-5 capsules with every meal**.

Disclaimer: This product is not a form of medicine and does not treat any kinds of illnesses. Those suffering from chronic diseases should consult a physician before taking any health supplement.

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3. McCleary, B.V & Prosky, L. (2001) Fibersol-2: a Soluble, Non-digestible, Starch-derived Dietary Fibre. Advanced Dietary Fibre Technology, Blackwell Science, pg. 509-523
4. Tapola, N., Karvonen, H., Niskanen, L., Mikola, M., & Sarkkinen (2004) Glycemic Responses of oat bran products in Type 2 diabetes. Nutrition, Metabolism & Cardiovascular Diseases, vol 15 (4) pgs 255-261. Retrieved from [http://www.medsjournal.com/article/S0939-4753\(05\)00046-9/abstract](http://www.medsjournal.com/article/S0939-4753(05)00046-9/abstract)
5. Schechter, S. (1992) Fighting Radiation and Chemical Pollutants With Foods, Herbs and Vitamins: Documented Natural Remedies That Boost Your Immunity and Detoxify.Vitality Ink.